





	Here's how we will help.
Attention Deficit Hyperactivity Disorder	 Reinforce instructions on what to do during a PE session / activity Be explicit about the rules of a game
Anxiety	 Discuss with the child how to get into the building from outside if they need to use the toilet during a lesson Prior to the lesson, discuss what PE equipment is going to be used Where possible, the child will work in the same group / team for each session
Autism Spectrum Disorder	 Teacher / TA to discuss what the PE session will involve and what equipment will be used Where possible, the child will work in the same group / team for each session Provide opportunities to handle the equipment prior to lessons
Dyscalculia	 Provide written instructions, printed diagrams and personalised worksheets with a worked example for the child to follow Allow opportunity to repeat an activity so the child is able to process, store it their long term memory and recall it
Dyslexia	 Ensure any written instructions are reinforced verbally or with visuals Ensure the child understands the language you have used in instructions (eg: positional or special language) Give instructions clearly and slowly. Repeat one to one if necessary Check with the child that they have understood what the











Experienced Trauma	
	 Before the lesson, come up with strategies for if difficulties occur during the lesson, and ways these can be overcome, reminding children that learning is about trial and error Use simple, specific instructions that are clear to understand, and deliver these slowly
Visual Impairment	 Consider the use of inclusive PE equipment (e.g. oversized/lighter balls) Child to spend time prior to PE lessons in the space that is to be used to get a sense of the surroundings



